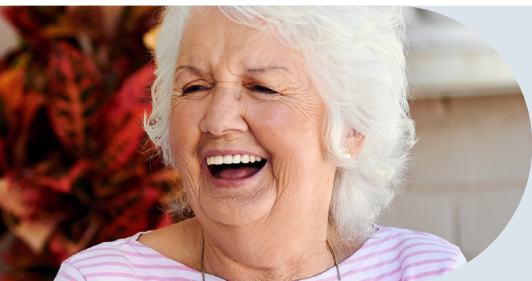
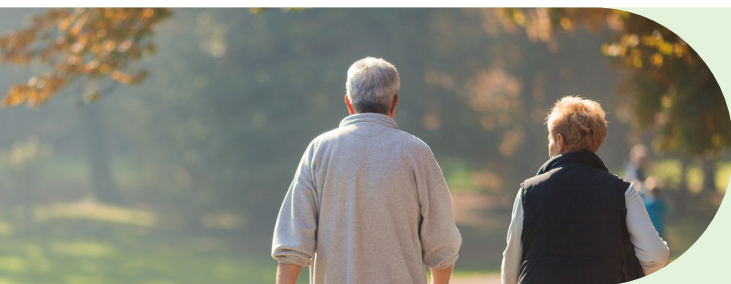


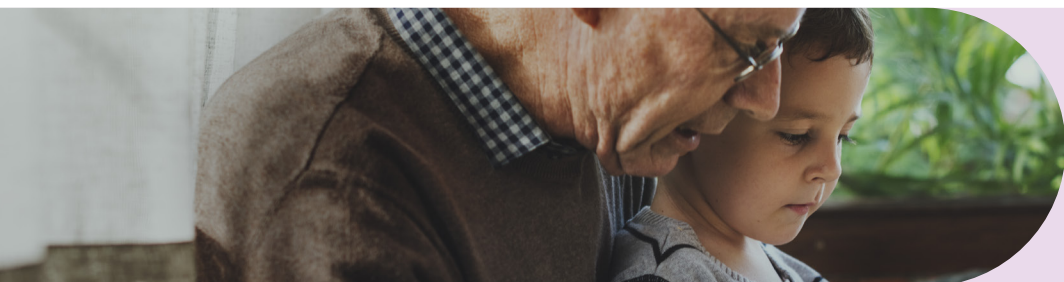
Everyday activities and the quality of life of senior citizens

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Daily Behaviours /
Subjective Experiences /
Individual Wellbeing /



PROJECT OVERVIEW

In 2030 nearly 30% of the European population will be aged 60 and above. Everyday activities play a key role for older adults' quality of life and successful ageing. This project uses advanced statistical methods to analyse objective and subjective accounts of everyday activities of adults aged 65+ and link them with their everyday allocation and structuring of time, quality of life, and psychosocial wellbeing.

How everyday events are experienced by senior citizens?



The data is collected in real time, and the respondent gives an account of the situation he or she is experiencing 'in situ'. Both objective characteristics and subjective emotional assessment are recorded.

What are the faces of inequality in old age?



Individual's socioeconomic status may affect their subjective assessment of particular experiences over the day, as well as the type and number of limitations or challenges they face in their nearest environment.

How older adults organize their time?



Individuals on retirement build new 'schedules' to keep busy, stay active, and avoid despondency, all of which are important objectives for older adults. Some activities are more important than other and help people organize their time in a meaningful way.

DEXSAGE

PROJECT FACTS

DURATION

08 / 2019 - 07 / 2021

COUNTRIES

Austria & Poland

Number of Respondents

300

Recorded Activity Episodes

Over 3000

Data Collection Technique

Experience Sampling Method (ESM)
End-of-the-day reports
Survey questionnaire

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